

# Vicar and Curate's Musings

*and any other information we found interesting,  
funny or a need to share!*

26th March 2020

## Curates Musings

Here we are, embroiled in the real, serious, unavoidable closing down of normal activity in the UK. What a contrast to the weather! – life-affirming, growth-promoting sunshine, and breeze and blue skies (unsullied by aeroplane trails) – and gorgeous Cotswold countryside unpolluted by engine fumes and noises.

For our permitted 'daily exercise', my husband and I walked along Church Street and Snowhill Road to the old church of St Eadburgha. We changed a notice that had encouraged passers-by to participate in the lighting of candles (way back on Mothering Sunday) as a symbol of prayer for our nation and the world. In its stead, we put up a new one – a sort of consolation for anyone who might have hoped the church would be unlocked and open for visitors. The church council hadn't wanted to close the church buildings – so many walkers, pray-ers, visitors of all kinds, call in, leave a grateful comment in the visitors' book, remark on its tranquillity, and appreciate the care with which the building is preserved.

There's evidently a need for places such as St. Eadburgha's, where passers-by find peace and a refuge from the 21<sup>st</sup> century. We're glad to provide it, but for now the doors must be closed, to prevent the possible spread of this fearful virus. The new notice we put up reminded anyone who cared to read it that, though the church doors



were closed, 'God is not shut' and we – the Christian people of Broadway – continue our prayers for the country and the world.

It feels as if we are living through a time of contrasts. We're being harshly confronted by hardships and dangers to which we thought we were immune – yet finding care and love, even heroism, we thought were a thing of the past.

We're being forced to confront failings and inadequacy, greed and selfishness - yet rejoice in talent and self-sacrifice, energy, creativity and optimism. We're challenged to see things from someone else's point of view – and recognise the value in it!

There was a letter to my newspaper that welcomed the sharing of The Peace in church services having been stopped. Sharing the Peace 'has been disruptive,' the letter said, 'and removes all sense of reverence and contemplation...' Maybe. But then there was a reply, recording an elderly member of a congregation who said: 'This is the only time in the week that anyone actually touches me.'

We have been so sure of ourselves for so long, haven't we? Amazing Humankind! – lord of all it surveyed! - exploiting creation, tampering with nature and ignoring the damage done to air quality, ozone layers, sea levels, rivers and soils; twisting human values ..... Who was it who said, 'Live simply, that others may simply live'?  
But we ignored them.

I can't help feeling that this crisis is a dramatic slap in the face for those of us who thought we could go on and on, not caring enough about the natural world and about our fellow human beings. All of a sudden, we're being reminded how much we depend on each other – how we can do without things – how there's more to life than getting ever more and more. Perhaps we're learning to see things from others' points of view, and urgently to adjust our lifestyles.

We've been slow to learn, but this crisis may brutally nudge us along. The Poet Laureate, Simon Armitage, has written a poem entitled 'Lockdown' about our present situation – evoking the circumstances of the Derbyshire village of Eyam, which isolated itself to prevent the spread of Plague, in 1665. It ends:

*the air  
hypnotically see-through, rare,  
the journey a ponderous one at times, long and slow  
but necessarily so.*

He says that, 'given that one thing that's accelerated the problem is our hectic lives and our proximities and the frantic ways we go about things,' after this is all over, we may emerge 'slightly slower, and wiser, at the other end.'

*Jo Williamson*



## **What God looks like**

An infants teacher was observing her classroom of children while they drew. One little girl was working away furiously, and so she asked her what the drawing was. The girl replied, "I'm drawing God."

The teacher paused and said, "But no one knows what God looks like."

Without missing a beat, the little girl replied, "They will in a minute."

# A few Pictures, thoughts and Jokes on Facebook / Twitter

**NO, I'M NOT COMING DOWN!**

We've been on 20 walks today. Leave me alone.



**BREAKING NEWS ...**

John Travolta was hospitalized for suspected COVID-19, he had chills they were multiplying and he was losing control, but doctors now confirm that it was only Saturday Night Fever, and they assure everyone that he is Staying Alive.



Remember to keep  
washing your hands



WHEN YOU CAN'T CONTROL  
WHAT IS HAPPENING  
AROUND YOU, CHALLENGE  
YOURSELF TO CONTROL  
THE WAY  
IN WHICH  
YOU  
RESPOND.



In the rush to return  
to normal, use this time  
to consider which parts  
of normal are worth  
rushing back to.

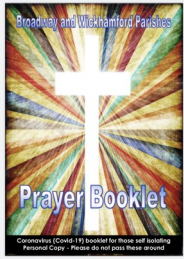
DAVE HOLLIS

becomingminimalist

Went out to fetch my bin in this morning and lovely Bin men were there. He said wash your hand or use gloves when moving your bins as they touch over 2000 bins a day and then touch the handles on your bins so could be a Covid-19 transfer spot. Simple but good advice 🙌



# Coronavirus / Covid 19 update



## Prayer Booklet

We've produced a prayer booklet for those self isolating and will produce another if this goes beyond April and will give you the new link to the digital version. Hard copies are in all of our churches.

<https://shelliem.wordpress.com/.../prayer-booklet-for-those-.../>  
[#pray](#) [#prayer](#) [Church of England Diocese of Worcester](#)



## Broadway Coronavirus Support Network

There is a group of people who have formed a group with many volunteers—The Broadway Coronavirus Support Network—  
<https://www.facebook.com/broadwaycoronasupportnetwork>

This is updated regularly on Facebook.

(UPDATED 7pm SAT 21/03) To all residents in the Parish of Broadway

We are so far a very small group of villagers working together with the Parish Council as we would like to provide help to our fellow residents during the current Coronavirus pandemic.

We are in the process of setting this page and network up so please bear with us whilst we pull together the relevant parties to assist.

This FREE service is available to residents within the Parish of Broadway who are self-isolating, vulnerable or have underlying health issues that prevent them from going to public places.

Please contact us if you require assistance with local shopping, prescription collections, posting letters or anything else you are struggling with, or if you would simply like a friendly chat over the phone:

Contact:

Tel: Revd Michelle (Shellie)Ward - 07780002565.

E-mail: [broadwayvillagenetwork@gmail.com](mailto:broadwayvillagenetwork@gmail.com)

One of our coordinators will then put you in touch with a helper who lives near to you.

\*PLEASE NOTE - we will also aim to provide all of the details on leaflets and posters so that those who do not use online services can easily access the same help.

Please do not feel isolated or that you shouldn't be asking for help. We are all here for each other during this difficult time! Your contact details will only be shared with your designated Broadway Helper. We won't keep records, or publicise your details or ask you for money.

This free service will be available until the British government / W.H.O. has declared that the pandemic is no longer a threat.

**\*PLEASE NOTE**

**\*\*** We cannot provide medical advice / assistance or lifts to medical appointments or elsewhere. If you require this type of help please contact Cotswold Friends, a local charity:

Telephone 01608 651415 [info@cotswoldsfriends.org](mailto:info@cotswoldsfriends.org)

We will aim to work with our local stores provide delivery services. The following Broadway businesses offer local delivery, and you can place your orders over the phone and pay with your bank card: We will add to this list as we go;

**Collins of Broadway Butchers**

Call them on; 01386 852061 for any orders big or small.

**Wayside Farm Shop** can take orders, payment and deliver to door; Wayside could also do a daily 'ready meal' for people that don't want to buy all of the different ingredients.

Call them on; 01386 830 546

**Nisa Local** are all set up for online payment and delivery. If you wish to place an order please phone 01386 859218 before 2pm.

**Sew U Knit Crafts - Susan Bennett** - open and will deliver wool, haberdashery etc if you're looking for activities to keep you busy ! 01386 853779.

**The Tea Set Broadway** are offering take away menu for delivery as well as putting together a list of everyday essentials like - bread, milk, loo roll, eggs which can be paid for in advance over the phone.

**Broadway Tower** now closed

**Market Pantry** Free delivery service of homemade food made fresh daily i.e. soup and sandwiches, Filled Jacket potatoes, Burgers & chips ,Quiches etc. We will be posting a basic menu and prices every day on facebook or our Instagram page. Ring 01386858318

**THE BROADWAY DELI** – Call the boys on 07483 404497 for Deli food, letter posting, newspapers whatever you need

\*\* If you need a volunteer to pick up a few urgent essentials for you from the local shops please ensure you have some cash at home or a cheque book. All cash should be placed in an envelope.

We're here to help!

IMPORTANT POINTS TO NOTE ON PRESCRIPTIONS .. 27th March

1) IF YOU ARE SELF ISOLATING OR ELDERLY PLEASE CALL OUR NUMBER TO ASK FOR YOUR PRESCRIPTION TO BE DELIVERED BY US. Phone Shellie the Vicar 07780 002 565.

2) A NOTE ON VOLUNTEERS & QUEUES

QUEUES - The Pharmacy and Surgery are of course extremely busy and working flat out to keep everyone well and with their Medications.

The queue at the Pharmacy is fairly long (often time of day dependent) but very well managed, with those there standing at least 2 metres apart and a strict system in place for entry. SO If we can encourage more of the elderly to use our phone number the queues will be shorter and they will be safer staying home!...

VOLUNTEERS - if you are taking prescription forms down to Lloyds you will inevitably have to queue outside - but once you have submitted prescriptions you should be able to ask them 'how long will it take'? and go back to collect.

If you are just collecting already prepared Meds the same applies. Please call Shellie for any questions.

Michelle Ward

Text below from Barn Close Surgery

“We are seeing a huge increase in the number of requests for repeat medication. Help us to help you, by not ordering early and not ordering excessive quantities. To allow dispensary time to prepare medications and order stock, we are not opening for collection until 10.00am and will close 1.00 - 2.00 but will stay open until 6.00pm. Please allow 7 working days from ordering routine prescriptions during this incredibly busy time”



## **Other Useful Information** found on Facebook or other places online

**Matt Matterson** of Fleece Road has very kindly made an offer of help for NHS staff and key workers in Broadway who may have concerns about their cars but cannot get into a garage.

Matt who is a professional engineer can help with basic requests and can check your car over if you have problems, but bear in mind that as he is only one person we ask that you do try and get an appointment with a garage as a first port of call.

However if you are struggling to find a garage that has space and need help please give him a call on 07866 513888 and he will do his best to help!

**Heart Felt Buddies.....** Testing times ahead. Here's how your children can also help: Lets pair-up elderly people with a local buddies who's jobs over the next few months will be to write them letters, do little outside jobs, and leave them little parcels on their door steps. \*Pen-pals who do a bit more\*. I've already 'match-made' two juniors with two seniors in their village and it took just two phone calls. Think about your elderly neighbours or enquire if anyone needs help on your local Facebook page, perhaps ask in the church, put a note in the local shop or if you have a care home near you, give them a call.

Heart Felt Buddies - go forth and sprinkle some magic!

Please share.... X

## **The Broadway Wine Company**

During this exceptionally hard time. We at Broadway Wine Company would like to thank our loyal customers for your support. We are a small independent company who unlike a lot of companies we will not survive unless people continue to support us. We have bills to pay and children to feed and ask that during this time people find it in their hearts to support local companies. The shop is open daily from 10am and prices start from only £5.99 in the shop. We are now also offering free delivery within a 20 mile radius (minimum order applies). Please message us for a price list.

# Barn Close Surgery

COVID-19 Coronavirus  
27th March 2020 Update

**PLEASE STAY AT HOME, MANY MORE PEOPLE WILL DIE IF YOU DON'T  
DO NOT TAKE ANY RISKS, IT IS NOT WORTH IT**

From Monday 30th March 2020, in line with National and local guidance, we will be offering a locality "hub" model to provide you with medical care. Barn Close Surgery is part of the Vale Primary Care Network.

We have an excellent close relationship with our 7 local practices, and the following plans have been drawn up with the sole purpose of looking after you and our staff at this very difficult and uncertain time.

All patients will receive telephone triage prior to a face to face appointment being offered.

If the doctor or nurse deems that it is "essential" that you should be seen, then you will be asked several questions to determine where the best place to see you is.

You will be offered an appointment in one of two sites determined by clinical need. You **MUST** only attend the site where you have been asked to go:

1. Barn Close Surgery - via rear entrance to building. Please bring your mobile phone, call us when you have arrived and we will escort you from the car park.
2. De Montfort Surgery, Burford Street, Evesham. You may not be seen by a doctor who is known to you. You will receive "double triage" from 2 doctors to determine whether this is the appropriate destination for you to be assessed. Clear instructions will be given.

Routine care is currently cancelled and you will only be seen if your care is defined as "Core Work".

If you are asked to attend the practice, please be aware that the clinician seeing you will be working from a "clean room" and will always be dressed in protective clothing, gloves and a mask (PPE).

You may also be asked to wear a mask yourself. This is for your own protection and for the protection of the NHS staff looking after you.

**DO NOT ATTEND** the surgery if you have a **NEW PERSISTENT COUGH AND/OR FEVER.**

Prescriptions can still be collected from the practice, one person at a time from the tent that has been erected at the front of the surgery. You will not be allowed into the building, but medication will be given to you. Please listen to the instructions that you will be given.

You can order new prescriptions by posting the repeat slip through the door or registering for on-line "Patient Access" using the link below.

Requests for medication are outstripping supply. Please only request what you need. You WILL NOT be allowed more than one month at a time. Please allow 7 working days for your medication to be read.

We thank you all for your patience and respect at this difficult and stressful time for all of us.

[www.111.nhs.uk](http://www.111.nhs.uk)

## **Abbey Green Vets**

As vets, our jobs have always been about protecting animal health and welfare. We now find ourselves in a position where it also our duty to do everything we can to protect human health.

Because of this we have reached the decision to stop face to face routine work. We will now operate our service from the BROADWAY clinic ONLY to allow us to provide the best service while minimising the chance of transmitting corona virus amongst our staff and the general public.

Some of you may be contacted to cancel your appointment. We apologise if you turn up and cannot let you in but hope you understand. We will be in touch shortly to discuss things further with you.

From today, some of our consults will be taking place via telephone or video link. In some cases you may be advised to come to the practice if we feel your pet needs some treatment that we cannot provide over the phone, or to collect medication, which will be done in a 'no contact' manner. Local delivery or postage of medications may also be necessary.

Please phone the practice on arrival. We are no longer allowing clients into the clinic so the vet or nurse will speak to you on the phone, come to collect the pet and bring it into the building for the examination/treatment. They will let you know a treatment plan and deliver your pet and medication back outside to you. Reception will take your payment, by card, over the phone. We will not accept cash payments.

If you have symptoms of coronavirus or are self isolating please make this known on the phone and STAY at HOME. We will try and assist by delivering medication or arranging for someone else to transport your pet to us.

We will not be booking any routine appointments face to face, but please feel free to call us if you need us as we may be able to provide this service by telephone or video link.

Repeat prescriptions and medications can be requested online via our website or by emailing [mail@abbeygreenvets.co.uk](mailto:mail@abbeygreenvets.co.uk) or by calling 01386 852421 between 10am and 3pm on week days. Please allow 3 days notice while our suppliers deliver every other day rather than daily. We can post some medication out.

Be patient when calling as we may be dealing with an emergency.

### Farm Animal Update

We will be providing essential services:

#### Medicines Orders

please do NOT stockpile supplies – please order normal amounts  
Ring all orders into the office.

For medicine collection, please do not enter reception. Please ring the office from the carpark when you arrive, and your order will be placed outside the front door to avoid immediate contact

#### Farm Visits

We will maintain all essential calls.

If you or anyone on farm is unwell, in advised self-isolation, you MUST make us aware before we arrive on farm so that we can make the best decision to reduce risks for everyone

We will continue to use our usual protective equipment and practice strict hygiene and biosecurity measures such as disinfecting between visits and wearing disposable gloves.

Please always practice social distancing – no hand shaking, passing equipment and stand 2 metres apart from other people.

Abbey Green vets was first opened in 1893 and we survived the Flu pandemic in 1918, WWI and WWII...we will endeavour to continue to provide our service to the local pets and farm population through this very difficult period. Wishing you all our very best and thank you for your support.

# Information from the Diocese

## Annual Parochial Church meetings

The deadline for holding APCMs has been extended until the end of October, with current office holders (churchwardens, deanery synod representatives and PCC members) remaining in office longer than they would otherwise do so. It means Churchwardens and PCC members remain in office until the APCM, current deanery synod representatives remain in office until 30 November 2020 (instead of 30 June).

## Live Streaming of services

You can follow the links to these churches online via the diocesan page: <https://www.cofe-worcester.org.uk/news/2020/03/16/coronavirus-latest-information/>  
*I have chosen, for now, to offer a WhatsApp group where we can pray, share and communicate as a benefice—if you wish to join the group please send me your mobile number and download the app. There is always the prayer booklet on our churches website and a hard copy is in church.*

The following churches will be live streaming. Please do point people to these if you're not able to stream worship yourself.

**Worcester Cathedral** will be streaming their 8.30am service each morning on the Cathedral Facebook page. (From Sunday 22 March)

**All Saints in Worcester** are streaming 11am morning prayer and 10pm Compline as well as a Sunday service at 10.30am on YouTube.

**Holy Trinity Church, Old Hill** will be streaming their Sunday service at 10.45am on YouTube.

**Malvern Link with Cowleigh** parish will be streaming a 9.45am Eucharist and 11.15am Contemporary Worship on Sundays on their Facebook page.

**Christ Church, Lye** will be streaming prayers and a sermon at 11am on Sunday morning on their Facebook page.

**East Vale and Avon** benefice are putting together a series of online services which can be accessed through their website.

**Holy Trinity & St Matthew, Ronkswood**, Worcester will be live streaming worship via Zoom on Sunday at 10am and 6pm. Details about how to join in are on the parish website.

**St Mary, Old Swinford, Stourbridge** is live streaming services on Thursdays at 10.30am and Sunday at 10am. More details on the parish website

**St Peter, Cradley** is live streaming daily morning prayer at 8.30am and Compline in the late afternoon through their Facebook page

**Hagley and Clent** are offering Sunday worship at 10.30am via Zoom and all are welcome to join them. Contact the Rector, Richard Newton for more details.

## **Morning Prayer from Worcester Cathedral**

Watch Morning Prayer from Worcester Cathedral. This is one way in which we are linking members of the Cathedral community as well as the wider public to the Cathedral's daily offering of praise and prayer.

<https://www.facebook.com/watch/WorcesterCathedral/>

## **Archbishop of York leads 'front room' Sunday service**

The Archbishop of York, Dr John Sentamu, will lead a national worship service from the front room of his home this Sunday as Christians across the country - and around the world - adapt to restrictions to help prevent the spread of coronavirus.



This week's Church of England national virtual service was recorded on an iPad in the drawing room of Bishopthorpe Palace. The Service is conducted by Archbishop Sentamu with his wife the Revd Margaret Sentamu.

It opens with a traditional Ugandan call to prayer, which Dr Sentamu delivers on drums, as well as Taizé chants and a range of modern and traditional worship music.

The music ranges from contemporary worship songs *Cornerstone* and *The Cross Stands*, specially recorded for the service by Geraldine Latty and Carey Luce this week in their own home, to hymns *My Song is Love Unknown* and *It is a Thing Most Wonderful* sung by St Martin's Voices from St Martin-in-the-Fields, London.

The service will premiere on the Church of England's Facebook page at 9am on Sunday and be available on playback immediately afterwards. An order of service, copy of the Archbishop's reflections and audio of the service will also be available to download, for those wishing to join in from their own homes.

The Archbishop offers short reflections on passages from Ezekiel and the Gospel of John encouraging everyone to trust God in our current situation. In a reference to the passage in Ezekiel – which recounts the prophet's vision of a valley of dry bones, the Archbishop tells the virtual congregation: "At this present time of COVID-19 we are, as it were, set in death in exile.

"I believe the Sovereign Lord who knows it all by the Spirit who raised Jesus from the dead to life eternal, the life creating power of God will bring us out of exile – out of the valley of death. Sovereign Lord we look to you to deliver us."

Last Sunday, local churches across the country responded to the restrictions by streaming services and prayers – many of them for the first time. Explore the full list of live streaming taking place each week on [AChurchNearYou.com](http://AChurchNearYou.com).

More than 400 people have now joined webinars that are helping to train church leaders on a range of topics, including how to use digital to livestream and making the most of social media platforms.

The Church has also published a range of digital resources to help people connect with God at this difficult time. The Time to Pray app, which includes simple daytime and night prayer services, is now free to everyone with accompanying daily audio offering on SoundCloud and iTunes.

This week a new series of mental health reflections were published alongside five tips to tackle loneliness and isolation. In addition, the #LiveLent daily series continues to run, with content available by app, smart speaker, email and audio formats.

Finally, the Church's smart speaker apps provide a range of prayer and

other Christian resources for people to access at home. In the last 30 days the number of people using the Alexa app has risen by more than 70 per cent. Explore all of the content on our Church online page.

<https://www.churchofengland.org/more/media-centre/news/archbishop-york-leads-front-room-sunday-service>

## Prayer diary - April

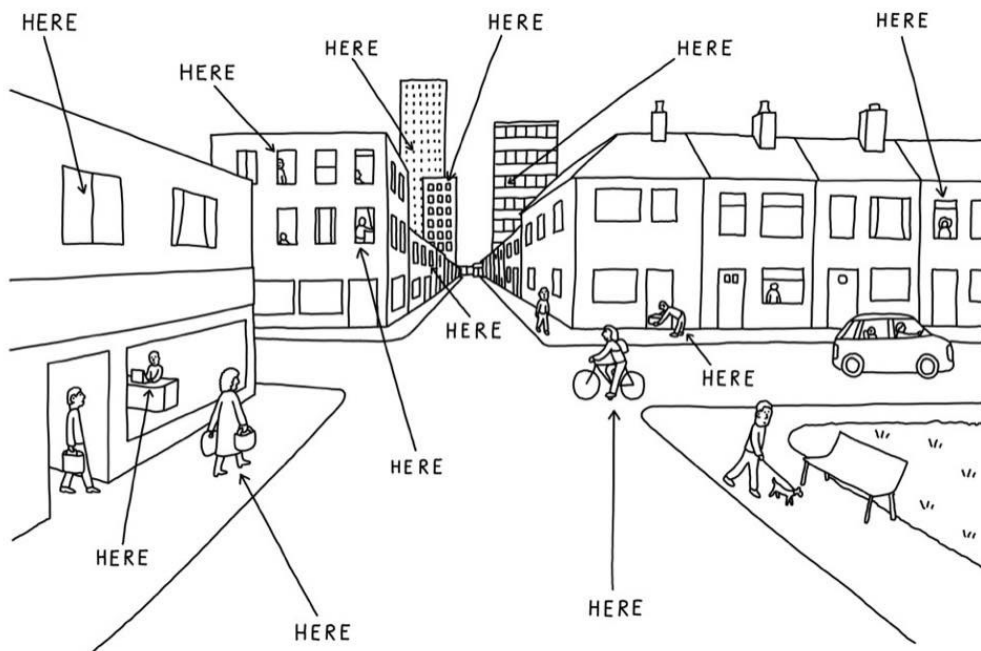
Recent events have meant that many of our prayer diary entries are out of date. We will therefore be issuing monthly pdf updates.

Download the updated prayer diary for April 2020. *(I have attached this pdf with this mailing—Shellie).*

Updated prayers will also be available on our website 'prayer for the day' and our social media streams.

Sam Setchell—Communications Officer

# WHERE THE CHURCH IS





# Caring for your closed building during 'Lockdown'

Church Buildings Officer, Mark Carter offers some advice on caring for your closed building.

We are in unprecedented times and I know that many of you are worried about the impact of closing our churches.

It is likely that many of those who care for our churches feature in high-risk groups. The advice below is offered as a proportionate response to the issues at hand and it is likely that parishes will find creative solutions, as they have to continue worship and pastoral care online and in person through a wider community effort.

**At no point should you or others put yourselves at risk or act against Government instruction in attempting to visit or care for the church building.**

## Security

Historic churches are always at risk of metal theft. Whilst we may be isolating, thieves will not and will be looking to profit from the situation. Encourage community vigilance: everyone from near neighbours to dog walkers can help in keeping an eye on the building. Communities may have neighbourhood WhatsApp or Facebook groups where you can encourage this community vigilance.

It is allowable (at time of writing) for someone to visit the church periodically to check it over: it is suggested that this should not be someone in an at-risk group and with most people in the community at home and offering support it may well be possible for a younger, fitter person(s) to perform this check.

Checks should be made on the external roofs, windows, downpipes to check for intrusion and also internally (metal theft can be characterised by roof leaks).

If your church cannot be locked you should display the sign provided by the Church of England (access the Coronavirus page on the main Church of England website – link at the end of this note). Temporary padlocks could be considered but care must be taken not to damage historic doors and frames.

## Utilities

You should look to turn off or drain-down your utilities. Ensure that intruder alarms, CCTV and fire alarms remain on. Check with any monitoring services or security companies you may use that they are still operating and whether there are changes to service pattern.

Normal heating patterns should be suspended (many churches have separate “Sunday” settings which heat the church more than on another day – this is obviously not required) but, where possible, heating should keep a constant temperature in the building. Fortunately, as we move into summer this should

be easily achievable.

## **Insurance**

Your insurer will likely be offering their own advice on how to manage your closed building. Check their website for details. They are also adapting to the situation and having to deploy staff working at home.

The national church buildings team are liaising at national level with insurers: we will forward on further advice when it arrives with us.

## **Building works**

Some churches have sensed opportunity to undertake building works whilst churches are closed. **Please do not do this:** churches are to be closed until further notice and this includes for construction. It is likely (at the time of writing) that the construction industry (large and small) will start to close-down in any case.

Matters of emergency repair and maintenance to ensure the building is safe may continue but please contact me or your Archdeacon for guidance. Similarly, if you have ongoing works and need advice as to how to cease work, please contact me or your Architect.

## **New Faculty Rules**

On 1 April, amended faculty rules come into force. Separate briefing is being sent on these. Please contact me if you are planning on submitting an application for permission as different procedures may need to be followed due to the new rules and/or the current restrictions. The DAC will not be physically meeting or performing site visits during this time but I am in contact with the Chancellor to ensure that matters that need to be dealt with can be.

Mark Carter  
Church Buildings Officer  
27 March 2020

## **Wickhamford Parish Council posted on Facebook**

28th March

Councillor Sally Wride is the representative from Wickhamford Parish Council who will assist/co-ordinate with other groups in the village to ensure that residents are looked after and get whatever help they need. Tel no. 07734819183.

All other PC business should still be directed to the Parish Clerk, Andrea Evans on 01386 760332 or wickhamfordpc@gmail.com

# Word search Grid

B S E S O G W Y E G S H  
N O E H E E E L P T U E  
P D R D N T H A N K S M  
B R E A I H S A O L E B  
O H T V W S N A A A J W  
D C S T O E C E L D C A  
Y A A V V M V I E U K R  
B O E O A A E S P N U N  
I R C R V N S R I L B E  
A P G D B E T R A Y E D  
D P W I L L D W T O O S  
M A B B L O O D E G S A

Re the picture below:

For those who don't recognise the duo on the bottom they are The Proclaimers who wrote—500 Miles ....and I would walk 500 miles and I would walk 500 more, just to be the man that walks 1000 miles to fall down at your door....



## A Prayer for Those Who Are Ill with Coronavirus

*Father God,  
You are the ultimate Healer. Father, we come before You to pray for those infected with this virus. We pray for not only their healing but for them to be comforted while they heal. Lord, please eradicate every ounce of this virus from their bodies. Please heal every cell in their bodies, every infected part of their being. We pray for no lasting effects in their bodies from this illness. Father, please heal them inside and out and provide them with the medical care they need, with the medications they need, and with the healing not only physically but spiritually so that they may live life and life abundantly ahead.  
In Jesus' name, Amen*

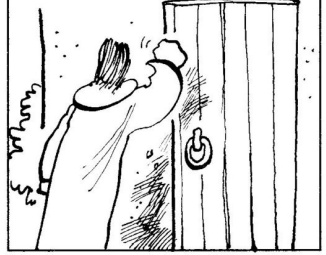


# Words and Actions

JESUS HAD MANY FRIENDS - AND HE OFTEN WENT WALKING WITH THEM.



ONCE, ON A JOURNEY, JESUS CALLED AT THE HOME OF MARTHA AND MARY



MARTHA WAS VERY PLEASED TO MEET WITH JESUS, AND SHE MADE HIM WELCOME



MARY WAS VERY EXCITED TOO AND WANTED TO LISTEN TO EVERYTHING JESUS HAD TO SAY



BUT MARTHA, WAS NOT VERY IMPRESSED WITH MARY! SHE THOUGHT HER SISTER SHOULD BE HARD AT WORK. NOT SITTING AROUND - JUST LISTENING



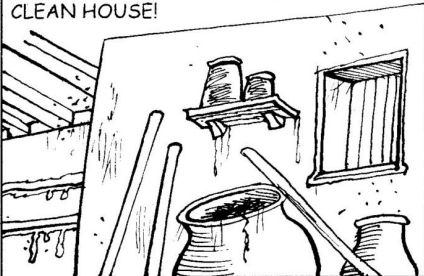
LORD, DON'T YOU CARE THAT MARY HAS LEFT ME TO DO ALL THE WORK BY MYSELF?!



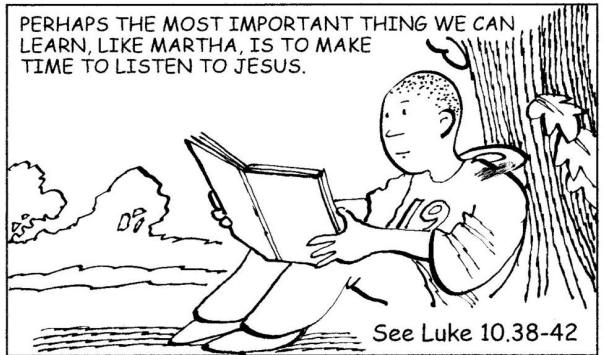
MARTHA, YOU ARE WORRIED AND TROUBLED OVER SO MANY THINGS



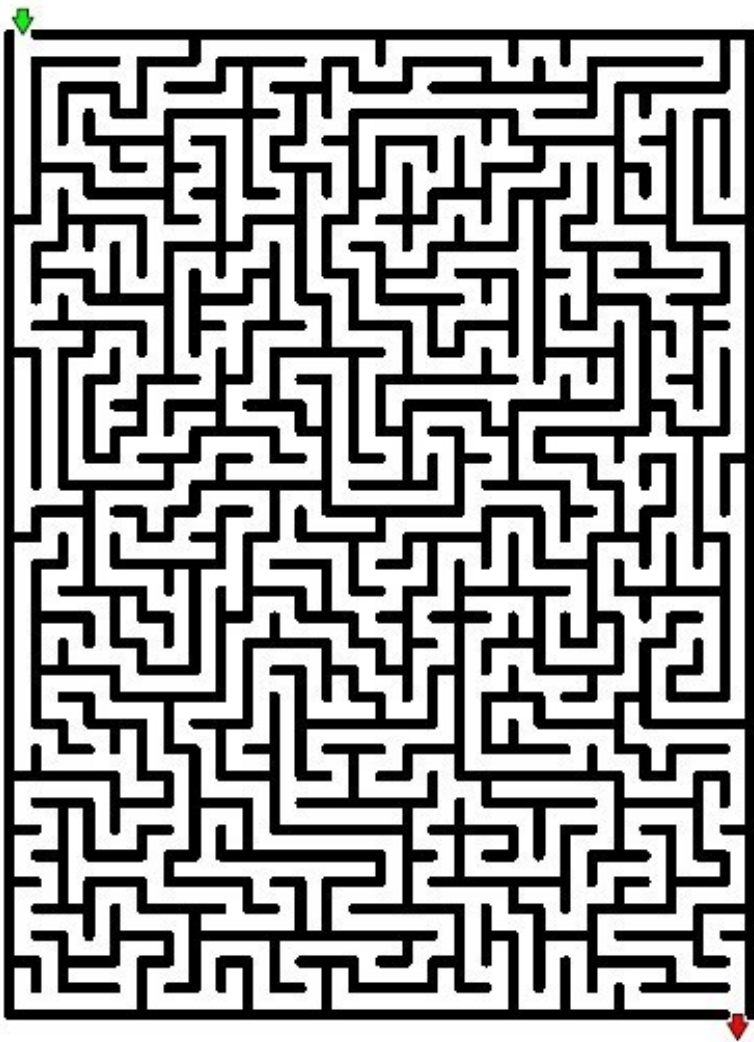
JESUS TOLD MARTHA THAT THERE ARE FAR MORE IMPORTANT THINGS IN LIFE THAN JUST FUSSING OVER A CLEAN HOUSE!



PERHAPS THE MOST IMPORTANT THING WE CAN LEARN, LIKE MARTHA, IS TO MAKE TIME TO LISTEN TO JESUS.



See Luke 10:38-42



You thought dogs  
were hard to train.

Look at all the  
humans that can't  
even  
sit and stay



For those suffering **domestic abuse**,  
isolation will be a terrifying prospect and  
**significantly increase the risk of harm.**

If you, or anyone you know is **in need of help**, please  
reach out to Women's Aid, us, a trusted friend or family  
member and consider using a code word to communicate  
safely.

National Domestic Abuse Helpline: **0808 2000 247**